

Perspectives Spotlight Introduction



grades 3-5



40 minutes

"The greatest tragedy for any human being is going through their entire lives believing the only perspective that matters is their own."

— Doug Baldwin

Lesson Summary

This lesson introduces students to the idea that people can interpret the same thing differently. Using the read-aloud Duck! Rabbit! as a fun and engaging entry point, students explore the concept of perspectives. Through a drawing activity, they reflect on how individual viewpoints can shape understanding and how recognizing different perspectives can build empathy and connection.

Students will Examine

- There is always more than one perspective.
- How different perspectives add creativity to our world.
- What is the connection between perspective-taking and kindness?

Pre-Activity Prep

- Print or prepare to project the Image: What Am I? (<u>PDF</u>)
 (1/student) (THINK.GIVE section).
- Print one design from the Worksheet: Do You See What I See?
 (PDF) (1/student) (REFLECT section).
- (Optional) Print and hang a ThinkGive Three Poster (Yellow <u>PDF</u> | Purple <u>PDF</u>) in the room (CONNECT + CLOSE section).

MATERIALS

TThinkGive Three Posters
(Yellow PDF | Purple PDF)
ThinkGive Journals
Journal Cover Template (PDF)
Student Journal Guide (PDF)
Quote Image (PDF)
Image: What am I? (PDF)
Worksheet: Do You See What I
See? (PDF)

■ MEDIA TO PREP

Slides: <u>Introduction</u>
Read-aloud book: <u>Duck! Rabbit!</u>
(1:11)

SHARE

No share; students have no actions to share yet!

OPEN

Suggested time: 5 minutes

Quote/Image

Display the Quote Image (<u>PDF</u>) and/or read the quote or invite a volunteer to read it (see slides): "The greatest tragedy for any human being is going through their entire lives believing the only perspective that matters is their own." – Doug Baldwin

Ask: What does this image/quote mean to you?

THINK · GIVE

Suggested time: 10 minutes

Activity: What Do You See?

Display the Image: What am I? (PDF | slide #3).

Ask: What do you see? [Most students will likely say they see a duck or a rabbit.]

Watch: <u>Duck! Rabbit!</u> (1:11), by Amy Krouse Rosenthal. This story follows two narrators debating whether the image is a duck or a rabbit.

Discuss:

- Look at the image again—do you now see a duck, a rabbit, or both?
- · What message is this story trying to share?

Explain: People have different points of view, also known as perspectives. Many things shape our perspectives: our communities, personalities, experiences, values, cultures, and the information we take in. Perspective-taking means being able to understand someone else's point of view. Even if we disagree, it helps us connect with others and see situations in new ways.



PERSPECTIVE

Perspective: noun; a particular attitude toward or way of thinking about something; a point of view.

Perspective-taking: verb; looking at a situation from a viewpoint other than your own—putting yourself in someone else's shoes to better understand their experiences, beliefs, and perspective.

REFLECT

Suggested time: 15 minutes

Activity: Do You See What I See?

Hand out one of the three Worksheets: Do You See What I See? (PDF) (1/student). Ask students to use their imagination to complete the drawing (reminding them to keep it respectful and appropriate). Emphasize that they should work independently, without looking at others' drawings. When finished, gather in a circle. Have students silently hold up their drawings and take a moment to observe the variety of interpretations. Then invite a few volunteers to share something they notice or appreciate about a peer's drawing. NOTE: Participate by creating a drawing that models perspective-taking.

CONNECTION

Video: <u>Perspective-Taking</u> (2:51). This video dives into perspective-taking. Discuss: How does this video connect with Duck! Rabbit!?

Discuss:

- How does this activity connect to the idea of perspective-taking?
- What would happen if we all saw things the same way or had the same point of view?
- How do different perspectives add value, creativity, and insight to our world?
- How can perspective-taking be a form of kindness or respect?
- Think about a time when someone listened to your side of the story. How did that make you feel? Why is that important?

DIGGING DEEPER

Discuss:

- Can you think of a time when people didn't try to understand each other's point of view? How did that cause problems or feel unfair?
- How can trying to understand how someone sees or feels about something help make our community kinder and fairer?
- How can we use perspective-taking to help others who are being mistreated?

CONNECT + CLOSE

ThinkGive Three (Optional)

Introduce students to ThinkGive Three, a guide for taking action. Every prompt revisits these ideas so students can incorporate them into their thinking. Hang a ThinkGive Three Poster (Yellow <u>PDF</u> | Purple <u>PDF</u>) in your room to serve as a reminder throughout the program.

- 1. TRUE. Be your authentic self in your actions and words.
- 2. SMALL. Small is all! Everything we do and say, no matter how small, has an impact.
- 3. BRAVE. Step into your courage zone; challenge yourself to be brave with your actions and words.

Take Action

Explain: Between now and our next ThinkGive session [give date], keep Duck! Rabbit! in mind throughout your day. Pay attention to moments when someone sees something differently than you do. Notice how these moments affect your perspective—and how being open to other viewpoints can shift how you think or respond.

Things to Consider

- Others' perspectives are sometimes similar to yours and occasionally different.
- Different perspectives add creativity to our world.
- Perspective-taking is a form of kindness and respect.

Closing Quote

Use this Quote and/or Image (PDF) to close the lesson.

"The greatest tragedy for any human being is going through their entire lives believing the only perspective that matters is their own." – Doug Baldwin

Discuss:

- What does this quote/image mean to you now?
- How does this quote/image connect to the lesson?

★ THINK.GIVE THREE

- 1. True: be authentic
- 2. Small: simple actions have a big impact
- 3. Brave: step into your courage zone

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TEACHER TIP

Integrate the ThinkGive Three into the Take Action, which mentions focusing on small moments.



Doug Baldwin (1988–Present) was a celebrated wide receiver for the Seattle Seahawks professional football team. He scored top jumps in track and field events and played football throughout high school. After eight seasons with the Seattle Seahawks, he retired from the NFL in May 2019.

Reflective Questions

- Explain how you practiced perspective-taking.
- What felt positive about perspective-taking? What felt challenging?
- How did your connections with others change as you heard their perspectives?

Journal Questions

- How does perspective-taking help you become a better community member or a leader?
- How does perspective-taking help strengthen a community?

