

Scope + Sequence: Allyship Spotlight | Middle School

Recommended for Grades 6–8

Lesson Name	Lesson Summary	Learning Cycle
Introduction	- Students explore what it means to be an ally and how allyship can be practiced in everyday life. - They reflect on the Allyship Pledge and identify meaningful, authentic ways to support others. - They learn that allyship means standing beside others, speaking up for fairness, and helping create communities where everyone feels they belong.	THINK: What it means to be an ally, how allyship can be practiced in everyday life, and the positive impact it can have on individuals and communities. GIVE: Notice acts of allyship happening around you and look for opportunities to act as an ally for someone in your life. REFLECT + SHARE: N/A. Students will reflect on and share the acts of allyship they noticed and/or practiced during the next lesson.
Core Competencies: Self-awareness: Identifying emotions Self-awareness: Accurate self-perception Social awareness: Empathy		
Act as an Ally	- Students explore different parts of their identities by creating an Identity Web. - They identify their unique characteristics, interests, and character strengths while recognizing connections they share with others. - Then they reflect on how their strengths and identities can help them act as allies and support those around them.	REFLECT + SHARE: Describe an act of allyship you witnessed, or an unfair situation where allyship could make a difference. THINK: What are the characteristics, traits, and experiences that shape their identity—and how those parts of themselves can help them connect with, support, and advocate for others as allies. GIVE: Use your unique strengths, words, actions, or presence to support someone and practice being an ally.
Core Competencies: Social awareness: Perspective-taking Relationship skills: Allyship Relationship skills: Interdependence		
Take a Stand	- Students explore what it means to take a stand when they witness unkindness or care about an issue. - They examine real-life situations and consider different ways they can respond. - Then they identify meaningful, constructive ways to take action and recognize the impact their choices can have on others and their communities.	REFLECT + SHARE: What action did you take to support someone? Which of your character traits did you use to support them? THINK: Understanding that taking a stand often requires courage, and that our choices can make a positive difference for others and the community. GIVE: Look for opportunities to stand up for someone or work toward positive change in your community.
Core Competencies: Self-management: Personal agency Relationship skills: Allyship Responsible decision-making: Advocacy		
Challenge a Stereotype	- Students explore how labels and stereotypes can impact individuals and groups. - They practice identifying stereotypes by analyzing real-life scenarios and distinguishing stereotypes from facts or observations. - Then they reflect on their own assumptions and consider ways to challenge stereotypes and act as allies in their communities.	REFLECT + SHARE: Who or what did you take a stand for, how did you take action, and what impact do you think your action had? THINK: Recognizing stereotypes in everyday life, understanding how they can impact people, and exploring how allies can challenge them through their words and actions. GIVE: Pay attention to stereotypes you notice in yourself or others, and challenge them by learning more, listening to different perspectives, and acting as an ally.
Core Competencies: Self-awareness: Examining biases Social awareness: Perspective-taking Social awareness: Empathy Relationship skills: Positive relationship-building		
Wrap-Up	- Students reflect on what they have learned about allyship throughout the program. - They recognize the impact of their actions and the ways they have supported others through kindness, empathy, and inclusion. - Then they identify meaningful ways to continue acting as allies in their communities, both individually and together.	REFLECT + SHARE: Describe a stereotype you challenged, how you challenged it, and what felt difficult or rewarding about the experience. THINK: How allyship requires ongoing action and identify ways they can continue supporting and standing up for others in their daily lives. GIVE: Make allyship part of your everyday actions by standing up for others, challenging unfair treatment, and helping build a more inclusive community.
Core Competencies: Social awareness: Perspective-taking Relationship skills: Allyship Self-management: Personal agency		