

| <b>Scope + Sequence: Think, Give, Build!   Primary</b><br>Recommended for Grades 1-2 |                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Lesson name                                                                          | Lesson Summary                                                                                                                                                                                                                                                                                                                                                                                          | Learning Cycle                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Introduction:<br>Think? Give? Kind?<br>True? Small? Brave?                           | <ul style="list-style-type: none"> <li>- This lesson introduces students to ThinkGive.</li> <li>- Through movement and acting, they explore the meanings of the program's key words: THINK, GIVE, BUILD, TRUE, SMALL, and BRAVE.</li> <li>- Then they brainstorm actions that are true, small, and brave.</li> </ul>                                                                                    | <p><b>THINK:</b> Students learn what ThinkGive is and how the ThinkGive Three—TRUE, SMALL, and BRAVE—can guide them to be kind.</p> <p><b>GIVE:</b> Be a kindness detective. Look and listen for kind actions you see other people doing.</p> <p><b>REFLECT + SHARE:</b> N/A. In the next lesson, students will reflect and share the kind actions they noticed others taking.</p>                                                                                                                             |
|                                                                                      | <b>Core Competencies:</b> Relationship skills: Effective communication   Self-awareness: Authenticity   Social awareness: Interconnectedness                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Introduction:<br>Phase One<br>Construction                                           | <ul style="list-style-type: none"> <li>- Students help create the Build Bulletin Board by exploring the people and relationships in their lives.</li> <li>- They brainstorm and add places where kindness can happen.</li> <li>- Then they reflect on how kindness shows up in everyday life and consider ways they can share it with others.</li> </ul>                                                | <p><b>REFLECT + SHARE:</b> What kind actions did you notice others taking?</p> <p><b>THINK:</b> Students identify important people in their lives, how they connect with them, and where acts of kindness can happen.</p> <p><b>GIVE:</b> Watch for small, kind actions, and notice where they happen—at home, school, or in your community.</p>                                                                                                                                                               |
|                                                                                      | <b>Core Competencies:</b> Relationship skills: Interdependence   Relationship skills: Relationship-building   Social awareness: Interconnectedness                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Give to Yourself:<br>Forming Strong<br>Foundations                                   | <ul style="list-style-type: none"> <li>- Students explore the importance of strong foundations—both in building structures and in caring for themselves.</li> <li>- They learn how self-care supports a solid personal foundation, helping them better care for others.</li> <li>- Then they begin sharing their kind actions on the Build Bulletin Board.</li> </ul>                                   | <p><b>REFLECT + SHARE:</b> What kind or positive actions have you noticed, and where did they happen?</p> <p><b>THINK:</b> Students explore what a foundation is, why a strong one is important, and how caring for yourself helps build one.</p> <p><b>GIVE:</b> Choose one action you can take to help your body or mind feel good—and build a strong foundation.</p>                                                                                                                                        |
|                                                                                      | <b>Core Competencies:</b> Self-awareness: Identifying emotions   Self-awareness: Accurate self-perception   Self-management: Self-regulation                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Give to Yourself:<br>Build a Self-Care<br>Toolkit                                    | <ul style="list-style-type: none"> <li>- Students reflect on their coping skills and how these help build a strong personal foundation.</li> <li>- Through discussion and brainstorming, they identify strategies to manage emotions and take care of themselves.</li> <li>- Then they create a self-care toolkit, building awareness of what helps them stay strong, healthy, and balanced.</li> </ul> | <p><b>REFLECT + SHARE:</b> How have you cared for yourself (and built your foundation) since our last ThinkGive session? How did you keep yourself strong, healthy, and feeling good?</p> <p><b>THINK:</b> Students explore what coping skills and self-care strategies can help during challenging moments, and which ones work best for them.</p> <p><b>GIVE:</b> Notice when you feel angry, worried, or sad. Try using a coping skill to take care of yourself and make your foundation even stronger.</p> |
|                                                                                      | <b>Core Competencies:</b> Self-awareness: Identifying emotions   Self-management: Self-regulation   Self-management: Personal agency                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Give to Family:<br>Your Family, Your<br>Construction Team                            | <ul style="list-style-type: none"> <li>- Students begin to explore being kind to others, starting with their families.</li> <li>- They reflect on their roles in their families.</li> <li>- Then they create paper figures to represent those roles, which they post on the Build Bulletin Board.</li> </ul>                                                                                            | <p><b>REFLECT + SHARE:</b> Describe the new self-care or coping skill you tried, whether it helped, and if you'll keep using it.</p> <p><b>THINK:</b> Students explore how they can care for others and themselves, and their role in supporting their family—like a team on a construction site.</p> <p><b>GIVE:</b> Think about your role in your family and take action to help.</p>                                                                                                                        |
|                                                                                      | <b>Core Competencies:</b> Relationship skills: Interdependence   Self-awareness: Accurate self-perception   Social awareness: Interconnectedness                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Give to Family:<br>The Power Tool<br>Called<br>Encouragement                         | <ul style="list-style-type: none"> <li>- Students explore how family members use encouraging words and actions to support one another.</li> <li>- They reflect on ways their families show encouragement.</li> <li>- Then they represent these ideas by building a pipe cleaner "home," demonstrating how encouragement helps families grow strong.</li> </ul>                                          | <p><b>REFLECT + SHARE:</b> Describe the action you took to help someone in your family, and how it made them feel.</p> <p><b>THINK:</b> Students explore what encouragement is, how family members use it to support each other, and the positive impact it can have.</p> <p><b>GIVE:</b> Use kind words or actions to encourage someone in your family. Pay attention to how your encouragement makes them feel.</p>                                                                                          |
|                                                                                      | <b>Core Competencies:</b> Relationship skills: Effective communication   Relationship skills: Relationship-building   Social awareness: Empathy                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

|                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|---------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Give to Friends:<br/>What Makes Us Special?</p>            | <ul style="list-style-type: none"> <li>- Students learn that everyone has a lot in common while also being unique in special ways.</li> <li>- They explore what makes them and their friends different, such as their interests, likes, and experiences.</li> <li>- Then, by asking questions and listening carefully, they learn more about a partner and record what they discover to use in the next lesson.</li> </ul> | <p><b>REFLECT + SHARE:</b> What action(s) did you take, or what words did you use to encourage a family member?</p> <p><b>THINK:</b> Students explore similarities and differences between themselves and their friends, questions they can ask to learn more about others, and how understanding someone's point of view helps them connect.</p> <p><b>GIVE:</b> Try to get to know a peer or a friend better. Be brave—ask a question and learn something new about someone.</p> <p><b>Core Competencies:</b> Self-awareness: Accurate self-perception   Relationship skills: Relationship-building   Responsible decision-making: Curiosity</p> |
| <p>Give to Friends:<br/>Constructing for Friends</p>          | <ul style="list-style-type: none"> <li>- Students use elements of design thinking to plan a playdate for a friend.</li> <li>- They think about their friends' interests, needs, and preferences.</li> <li>- Then they use that information to create a fun experience.</li> </ul>                                                                                                                                          | <p><b>REFLECT + SHARE:</b> Did you learn something new about a friend? How did it help you understand them better?</p> <p><b>THINK:</b> Students explore how to consider a friend's wants and needs, see things from their point of view, and show kindness by planning a "dream playdate."</p> <p><b>GIVE:</b> Plan time to play with a friend during recess, after school, or at home. Choose activities you both enjoy and have fun together!</p> <p><b>Core Competencies:</b> Relationship skills: Relationship-building   Social awareness: Empathy   Social awareness: Perspective-taking</p>                                                |
| <p>Give to Community:<br/>Spreading Joy in Your Community</p> | <ul style="list-style-type: none"> <li>- Students learn that having a plan or "blueprint" helps turn ideas into action.</li> <li>- They explore ways to support their communities and see how small, thoughtful actions can make a difference.</li> <li>- Then they begin creating their own plan to spread kindness in their community.</li> </ul>                                                                        | <p><b>REFLECT + SHARE:</b> What did you do with a friend? How did they react when you chose activities they liked? How did it feel to focus on what your friend would enjoy?</p> <p><b>THINK:</b> Students explore how planning turns ideas into action, how they can make a difference in their communities, and how small actions can have a big impact.</p> <p><b>GIVE:</b> Take the action you planned on your blueprint and spread joy in your community.</p> <p><b>Core Competencies:</b> Relationship skills: Interdependence   Self-management: Personal agency   Social awareness: Interconnectedness</p>                                 |
| <p>Give to the Community:<br/>Kindness Matters Worldwide</p>  | <ul style="list-style-type: none"> <li>- Students explore the basic needs shared by people around the world.</li> <li>- They imagine one change they would like to see on a global scale.</li> <li>- Then they identify one small, meaningful action they can take to help move that change forward.</li> </ul>                                                                                                            | <p><b>REFLECT + SHARE:</b> What action did you take to spread joy in your community?</p> <p><b>THINK:</b> Students explore the basic needs and similarities all people share, what large-scale change can look like, and how small actions can be the first step toward making it happen.</p> <p><b>GIVE:</b> Choose one small action you can try that moves your big wish for change one small step closer to real.</p> <p><b>Core Competencies:</b> Responsible decision-making: Advocacy   Self-awareness: Confidence   Self-management: Personal agency</p>                                                                                    |
| <p>Wrap-Up:<br/>Building a Habit</p>                          | <ul style="list-style-type: none"> <li>- Students explore how kindness can grow into a habit and become part of who they are.</li> <li>- They learn that this is different from just doing something for an assignment.</li> <li>- Then they learn what it takes to build a habit and commit to putting their learning into action together.</li> </ul>                                                                    | <p><b>REFLECT + SHARE:</b> Since our last lesson, what one small action did you take to start making a change in your communities?</p> <p><b>THINK:</b> Students explore what a habit is, how habits are formed and strengthened, and how kindness can become one.</p> <p><b>GIVE:</b> ThinkGive doesn't end here—it's up to all of us to keep taking true, small, and brave actions every day. Let's work together to put what we've learned into action.</p> <p><b>Core Competencies:</b> Self-awareness: Accurate self-perception   Self-management: Persistence   Self-management: Goal setting</p>                                            |